

PATIENT #:

AGE:

**ARLENE M. WEINSHELBAUM, M.D.**  
**PATIENT HISTORY FOR BONE DENSITOMETRY**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Referring Physician \_\_\_\_\_

Please list any other doctors you want to receive a report \_\_\_\_\_

	Yes	No
Have you ever been diagnosed with osteoporosis?	_____	_____
Do you have a family history of osteoporosis?	_____	_____
Have you lost any height?	_____	_____
Do you have a thin, small build?	_____	_____
Do you have a sedentary lifestyle?	_____	_____
Have you taken any of the following medications?		
a. Steroids (prednisone, cortisone, etc.) long term	_____	_____
b. Thyroid medication	_____	_____
c. Anti-convulsants (for seizures, epilepsy)	_____	_____
Have you had any of the following conditions?		
a. Hyperthyroidism (over-active thyroid)	_____	_____
b. Low back pain	_____	_____
c. Rheumatoid arthritis	_____	_____
d. Other arthritis	_____	_____
Do you take a calcium supplement daily?	_____	_____
If so, how much? _____		
Have you had any stress fractures not related to accident/trauma? _____		

*For Women Only:*

Have you gone through menopause (change of life)? \_\_\_\_\_

If yes, did your menopause occur before age 45? \_\_\_\_\_

Do you now take hormones? (Premarin, estrogen, etc)? \_\_\_\_\_

	Yes	No
Have you had any of the following conditions?		
a. Hysterectomy	_____	_____
b. Ovaries removed	_____	_____